

Adeegyada Sare

Gabowga & Adeegyada Madaxbanaan

(800) 339-4661

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais.html>

AIS waxay siisaa adeegyo dadka waaweyn, dadka naafada ah iyo xubnaha qoyskooda, si ay uga caawiyaan inay macaamiishu ku badbaadiyaan guryahooda.

CAAWINTA ODEYGA

(619) 284-9281

www.elderhelpofsandiego.org

Adeegyada la bixiyo waxay caawiyaan waayeelka si madax-bannaan ugu noolaadaan guryahooda.

U adeegida Waayeelka (Serving Seniors)

1525 Fourth Avenue

San Diego, CA 92101

(619) 235-6538

<https://servingseniors.org/>

Cunto, guriyeyn, taageero bulsho, iyo adeegyo isku duuban ayaa diyaar ah.

Xannaano-maalmeedka dadka waaweyn ee Circle Family (Family Circle Adult Daycare)

4428 Convoy St. Ste 288

San Diego, CA 92123

(858) 244-4555

<https://sandiegofamilycircle.>

Ururka Guriga Xaafada (Neighborhood House Association)

795 S. Boundry St, San Diego, CA 92113

(619) 236-2108

<https://www.neighborhoodhouse.org/nha-programs/senior-services/senior-service-center/>

Xarunta maalinta ee waayeelka iyo naafada oo bixiya waxqabadyo, cunto, daryeel caafimaad iyo gaadiid.

Adeegga Raacitaanka GO

(855) 638-2279

<https://www.jfssd.org/our-services/older-adults/on-the-go-transportation-solutions-for-older-adults/>

Isniin ilaa Axad 5: 00 subaxnimo ilaa 9: 00 habeenimo

Barnaamij gaadiid waayeel bilaash ah

Xarunta Kheyraadka ee Daryeel bixiyaha Koonfur (Southern Caregiver Resource Center)

3675 Ruffin Rd Ste 230, San Diego 92123

(858) 268-4432

<https://www.caregivercenter.org/>

Adeegyada taageerada ee daryeel-bixiyeyaasha daryeelaya qof weyn oo qaba xaalad dabadheeraad ah ama naafo ah.

Caawimaadda Safarka (Traveler's Aid)

2615 Camino del Rio South Ste 103

San Diego, CA 92108

(619) 295-8393 ext. 314

Gaadiidka loogu talagalay waayeelka dakhligoodu yar yahay

U adeegida Guryaha Waayeelka (Serving Senior's Housing)

- Potiker Downtown iyo Dhismayaasha Magaalada 1525 Fourth Avenue San Diego, CA 92101, (619) 235-6538
- Potiker Market Square Manor 525 14th street, San Diego 92101 (619) 237-8004
- Potiker Market Square Manor 4065 43rd St. San Diego 92105 (619) 237-8004

St. Paul's PACE

111 Elm Street, San Diego CA 92101

(619) 677-3800

<https://www.stpaulspace.org/>

Adeegyada Ilaalinta ee Dadka Waaweyn

Wuxuu caawiyaa dadka qaangaarka ah ee lagu xadgudbay (60+) iyo dadka waaweyn ee naafada ah ee ku tiirsan (18+)

833-401-0832

<https://www.cdss.ca.gov/adult-protective-services>

CA Waaxda Gabowga

Qandaraasyada lala galo oo kormeera Wakaaladaha Deegaanka ee Da'da (AAA) ee isku xidha adeegyada waayeelka iyo dadka waaweyn ee naafada ah

800-510-2020

https://aging.ca.gov/Contact_Us

Goobaha lagu xanaaneeyo waayeelka

Meelayn bilaash ah iyo adeeg tixraac

858-337-0420

<https://www.cpforseniors.com/>

Waayeel Caawinta Waayeelka

Waxay bixisaa adeegyo guriga dhexdiisa ah oo la gaaryeelay oo ay bixiyaan waayeelka

760-388-6840

<https://homecarebyseniors.com/>