



SAN DIEGO
HOUSING
COMMISSION

Health Care Services

Public Assistance Access Line 1-866-262-9881

Family Health Centers

1809 National Ave, San Diego, CA 92113
(619) 515-2300, Mobil clinic (619) 515-2312
Several locations throughout San Diego
www.fhcsd.org

Molina Healthcare

9275 Sky Park Ct # 400, San Diego, 92123
(877) 385-3884
<https://www.molinahealthcare.com/>

San Ysidro Health Center - Teen Clinic

(619) 800-8336 (Teen)
Location confidential

La Maestra Community Health

4060 Fairmont Ave, San Diego, CA 92105
(619) 280-4213
<https://lamaestra.org/>

San Diego Family Care – Linda Vista

7011 Linda Vista Road, San Diego 92111
(858) 279-0925
<https://sdfamilycare.org/>

San Diego Family Care – Mid City

4290 Polk Ave, San Diego, CA 92105
(619) 563-0250, www.sdfamilycare.org

San Diego Family Care – Pediatrics

4305 University Ave, San Diego CA 92105
(619) 280-2058

CHIP (Comm. Health Improvement Partners)

(858) 609-7965
www.sdchip.org

SPECIALTY SERVICES

ARC of San Diego

3030 Market St, San Diego CA 92102

(619) 685-1175

<https://www.arc-sd.com/>

Supporting children and adults with disabilities

Black Infant Health Program

286 Euclid Ave, STE 308, San Diego 92114

(619) 266-7466

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/black_infant_health_program

Family PACT

1-800-541-5555 or 1-800-942-1054

www.familypact.org

Family planning program for women and men with no health insurance.

Planned Parenthood

4305 University Ave, San Diego CA 92105

1-888-743-7526

<https://www.plannedparenthood.org/>

San Diego American Indian Health

2630 First Ave, San Diego, CA 92103

(619) 234-2158

<https://sdaihc.org/>

California Smokers' Helpline

1-800-300-8086

Assistance with smoking/vaping cessation

EYE EXAMS/GLASSES

Lions Optometric Vision Clinic (LOVC)

1805 Upas St. 3rd floor, San Diego CA 92103

(619) 298-5273

California Vision Project

(800) 877-5738

www.californiavision.org

Provides eye exams/glasses for low-income.