

# Food Resources

## Drive-Thru Food Pantry

Non-perishable foods. Fridays from 12p-2pm 3350 E Street, San Diego (back of building)  
**619-233-8500**

## Feeding San Diego

Provides free food distribution locations in SD  
**858-452-3663**

<https://feedingsandiego.org/>

Text “food” or “comida” to 877-877 to find the nearest food distribution site.

## Porchlight Community

Offers free food baskets for low-income residents of 92110, 92111, 92117 & 92123  
<https://porchlightcommunity.org>

## SD Food Bank

Provides food distribution locations in SD  
**866-350-3663**

**Escondido Location: Call (858) 527-1419**

**Miramar Location: Call (858) 527-1419**

<https://sandiegofoodbank.org/>

## Meals on Wheels San Diego County

1. **Call:** (619) 260-6110
2. **Website:** <http://www.meals-on-wheels.org>
3. **Description:** Delivers meals to individuals who are unable to shop or cook for themselves.
4. If you or someone you know is **over the age of 60**, please contact them for more information.

## Mama's Kitchen

1. **Call:** (619) 233-6262
2. **Website:** [mamaskitchen.org](http://mamaskitchen.org)
3. **Description:** Offers home-delivered meals to individuals diagnosed with a critical illness who cannot prepare meals independently.
4. A **referral form** must be completed by a medical professional (e.g., case manager, doctor, nurse, or social worker).

## Jewish Family Service of San Diego

1. **Call:** (858) 367-3210
2. **Programs Include: Foodmobile:** Delivers meals to adults 60+ and young adults with disabilities who are homebound.

3. **Hand Up Food Pantry:** Offers an onsite Corner Market and community food distributions for military and low-income families.