



SAN DIEGO
HOUSING
COMMISSION

Public Assistance Programs

CalFresh for SSI Recipients

SSI recipients can qualify for Food Stamps by calling 211 or using the link below.

<https://www.getcalfresh.org/en/ssi>

Health Advocates

Assistance with SSI/SSDI, Medi-Cal, Medicare

(818) 995-9500

info@healthadvocates.com

<http://www.HealthAdvocates.com>

Social Security Administration

Local: 1-855-820-0097

1-800-772-1213

www.socialsecurity.gov

Benefits Assistance

Online eligibility prescreening tool

<http://www.benefits.gov>

U.S. Department of Labor

Information on unemployment insurance

<https://www.dol.gov/general/topic/unemployment-insurance>