



Behavioral Health Services

IMPACT

IMPACT serves individuals experiencing homelessness or at-risk of homelessness who are diagnosed with serious mental illness and co-occurring conditions.

619-398-0355

<https://www.crfbehavioralhealthcare.org/programs/impact/>

Mobile Crisis Response Team

Mobile Crisis Response Team provides mental health crisis help.

888-724-7240

<https://up2sd.org>

National Alliance on Mental Illness San Diego

Supports people with mental health challenges and their families

619-543-1434

<https://namisandiego.org>

Psychiatric Emergency Response Team

Responds to individuals who threaten to harm themselves or others. Law enforcement will dispatch to an available PERT unit.

619-531-2000 or call 911

PROJECT ONE FOR ALL

Provides intensive wraparound services to unhoused individuals with serious mental illness.

<https://www.sandiegocounty.gov/content/sdc/sdhcd/project-one-for-all/>

Psychiatric Hospital of San Diego

Walk-in emergency mental health services

619-692-8200

<https://www.sandiegocounty.gov/content/sdc/hhsa/programs/bhs/SDCPH.html>

Suicide & Crisis Hotline

Provides 24/7 free & confidential support for people in distress

800-273-8255

https://988lifeline.org/?ufm_source=-google&utm_medium=web&utm_campaign=one-box